



PROFESSIONAL COMPETITORS MANUAL

PHARLABS MEXICO PRO / AM & EXPO 2026

1. Welcome

We are pleased to welcome you to PHARLABS MEXICO PRO / AM 2026, an IFBB Pro League competition featuring nine professional divisions at the Vidanta Convention Center. This manual provides the operational information required for your participation as a professional athlete.

IMPORTANT: This document is exclusively for professional athletes. Information regarding accommodations, resort access, and your stay at Vidanta is available separately in the Vidanta Accommodation Manual.

2. Official Event Information

Event	PHARLABS MEXICO PRO / AM & EXPO 2026
Professional competition	Sunday, October 4, 2026
PRO athlete registration	Friday, October 2, 2026 - begins at 5:00 p.m.
Venue	Vidanta Convention Center, Nuevo Vallarta, Nayarit, Mexico
Promoters	Slawomir Porowski and Patricia Pavon Ponce

3. Professional Schedule

TIME	ACTIVITY
Friday, Oct. 2 - 5:00 p.m.	Registration and accreditation of professional athletes
Friday, Oct. 2 - 5:00 to 8:00 p.m.	Red carpet, interviews, and official mobile-phone content
Sunday, Oct. 4 - 9:00 a.m.	Professional prejudging
Sunday, Oct. 4 - 5:00 p.m.	Professional finals

Schedule times may be adjusted according to the final athlete count and official IFBB Pro League instructions.

4. Registration and Accreditation

- Upon arrival at registration, you must present your valid professional membership.
- Personal attendance at registration is mandatory for all professional athletes.
- Present a valid government-issued photo ID and complete all IFBB Pro League registration procedures required to compete.
- Keep your accreditation with you throughout the event and follow the instructions of authorized event personnel.
- Stage order, backstage call times, meetings, and any operational updates will be communicated at registration.

5. Road to Mr. Olympia 2027

PHARLABS MEXICO PRO is part of the Road to Mr. Olympia 2027. Results, awards, and qualification criteria are governed by the IFBB Pro League rules in effect at the time of the competition.

6. Venue, Accommodations, Gyms, Spa and Sauna

The event will be held at the Vidanta Convention Center in Nuevo Vallarta, Nayarit, Mexico. Puerto Vallarta International Airport (PVR) is approximately 12 minutes away.

For Vidanta guests: Vidanta offers gyms, spa, and sauna facilities for registered hotel guests. Access and reservations are subject to the policies of each facility and hotel.

For competitors who are not Vidanta guests: Big Apple Gym is available as an off-site, fully equipped gym option. Transportation is required.

Big Apple Gym - Google Maps: [view location](#)

Please refer to the Vidanta Accommodation Manual for information regarding the hotel, arrival, luggage, food, and resort services.

7. Official Contact

Promoters	Slawomir Porowski and Patricia Pavon Ponce
WhatsApp	+52 55 2878 5534
Email	patricia3.1416@icloud.com
Instagram	@pharlabsmexicoproam
Website	www.pharlabsmexicoproam.com

Program information, schedules, and event operations are subject to official updates. Stay in contact with the event team and review official announcements before competing.